Dear York Community,

We are definitely living in times where flexibility has become one of our greatest strengths. As we transition again to remote learning until January we are aware of how challenging it can be for some of our students to adjust. They have been doing a good job with the transitions, and we are so proud of them. Please know we want nothing more than to be able to be in person working with your children everyday. So as we make this switch, we will continue to see students for check-ins remotely. If your child would like to schedule time to speak with Ms. Evelyn or Dr. Tennant, please encourage them to sign up on Calendly. Please schedule an appointment with Ms. Evelyn at https://calendly.com/msevelyn and Dr. Tennant at https://calendly.com/drrachel.

With holidays and winter break approaching it is not lost on us how different this year feels. We wish you and your family a safe and happy Holiday Season. Below are some resources for you and your family. We are looking forward to seeing you again in person soon.

Families/Parents:

https://discoveries.childrenshospital.org/holidays-during-covid-19/

https://wexnermedical.osu.edu/blog/covid-and-planning-thanksgiving-christmas-holidays

https://childmind.org/article/holiday-during-the-pandemic/


Podcast with Brene Brown and Priya Parker on the Art of Gathering:


Activities for Children:

https://www.lavnercampsandprograms.com/location/winter-break-virtual-tech-camps-for-kids/

All the best,
The York Prep Wellness team
Ms. Evelyn and Dr. Tennant